

Download Eating Disorders Among Athletes: Theory, Issues, And Research

For more information, please contact . ANOREXIA. At any given point in time between 0.3-0.4% of young women and 0.1% of young men will suffer from anorexia nervosa. If you're concerned about yourself or a loved one, this short, confidential screening can help determine if it's time to seek professional help. Potential causes of disordered eating. Disordered eating can represent a change in eating patterns caused by other mental disorders (e.g. clinical depression), or by factors that are generally considered to be unrelated to mental disorders (e.g. extreme homesickness). Medical Symptoms and Complications Associated with Bulimia. We have already explained that many of the symptoms of bulimia and anorexia overlap, especially among anorexics who purge, a subgroup described earlier.