

Download Understanding Ayurveda

Ayurveda Special Offers. We offer you regularly exclusive Ayurvedic products at a special price. Explore the best deals here. Three Doshas: Vata, Pitta, and Kapha. The doshas are biological energies found throughout the human body and mind. Introduction. Parkinson's disease, known in Ayurveda as "Kampavata," is a neurological disorder affecting 1% of the population over age 65 and is the fourth most common neurological degenerative disorder found in the elderly 1. About Ayurveda. Ayurveda, which literally means "The Science of Life," is the traditional healing science of India. More than 5,000 years old, the time honored traditional knowledge of Ayurveda is just as relevant to modern society today and has helped millions of individuals to return to optimal health. What is Ayurveda?